

# ***u – news***

February 2007

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Happy New Year and welcome to our February 2007 edition of ***u – news***. How was your holiday period? If it was anything like ours, and many of our clients, probably not as long as it could have been.

In this edition of ***u – news*** we give you some sure fire ways to help you instantly feel happier about your life.

utilize:mytime exists to make your life easier, so we give you tips on how to enjoy life.



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**Use these tips as sure fire ways to instantly feel happier about you and your life in 2007.**

- Reach out and help other people
- Make your close relationships a priority in your life
- Don't compare yourself to others
- Don't measure your happiness in material terms
- Be grateful for what you do have
- Expect less

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## **What we've been up to lately....**

A client contacted us pre holiday period for assistance in placing a family member in a low level care local facility in their local area. With no fuss we were able to put them in contact with an expert and exceptional supplier of these services. This saved our client precious time and more importantly, saved their relative paying a higher accommodation bond simply by dealing directly through our supplier, rather than going it alone.

We met with real estate agents early in the New Year, on behalf of a client to get a realistic value of their property and the costs involved in selling. This has saved our client many hours in precious time.

Interesting things online for ***u*** this month:-  
For the girls check out: [www.hollywoodstyle.com.au](http://www.hollywoodstyle.com.au)  
For the guys check out: [www.ctshirts.co.uk](http://www.ctshirts.co.uk)

If you need some odd jobs completed around the house, please call us and we can organise and manage the project for you. If you would like to know more, please call Nicolle on **0407 512 585** or send us an email - [nicolle@utilizemytime.com.au](mailto:nicolle@utilizemytime.com.au)

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If there is any topic you would like us to discuss in future editions, please contact us as ***u – news*** is news for you and about giving you back the 'precious gift of time'.

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