

u – news

Spring 2009

Welcome to our Spring 2009 edition of ***u – news***. Daylight savings has just began so enjoy *the* longer days. In this issue we talk about how to assist you in decluttering as part of your Spring cleaning program.

utilize:mytime exists to make your life easier, so we give you these tips on how to enjoy the free time you do have.



Life is what happens when you are making other plans. John Lennon

Here are our tips to assist you in decluttering your life

- **If you don't love it, use it, need it – chuck it out** Professional Organiser Lissanne Oliver's trademark
 - **Clutter is deferred decisions** i.e. kitchen bench Peter Walsh, Oprah's Professional Organiser
 - **Start small, take baby steps and you will be amazed by what you can achieve**
 - **Wardrobe items can be donated to charities including fitted for work**
 - **Don't be ashamed or embarrassed, there are professionals who can assist you**
 - **Get a professional in to help if you are overwhelmed by the thought of it**
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What we've been up to lately....

We have been organising and managing housekeepers, gardeners, plumbers, painters and handymen for clients who have needed these speciality services. We use reliable, experienced and qualified people whom have complete discretion and the highest integrity.

Interesting things online for ***u*** this month:-
For the girls check out: www.maxshop.com.au
For the guys check out: www.cnet.com.au

With summer fast approaching, a special Christmas gift, for the one you love, is the “gift of time”. ‘Gift of time’ certificates from utilize:mytime are now available.

If you would like to know more, please call Nicolle on **0407 512 585** or send us an email nicolle@utilizemytime.com.au

If there is any topic you would like us to discuss in future editions, please contact us as ***u – news*** is news for you and about giving you back the ‘precious gift of time’.
